

### **Creation Care Resources**

From the Diocesan Creation Care Committee

To join the committee, please contact Solveigh Barney at <a href="mailto:solveigh.barney@gmail.com">solveigh.barney@gmail.com</a> or speak with another member of the Committee (Robert Fox, Mary Johnson, Amy Phillips, Kim Becker, Hal Weidman). Please join us!

# **Read About Climate Change**

- "How do we know climate change is real?" <a href="https://climate.nasa.gov/evidence/">https://climate.nasa.gov/evidence/</a>
- "Why Global Temperatures Matter" <a href="https://climate.nasa.gov/news/2878/a-degree-of-concern-why-global-temperatures-matter">https://climate.nasa.gov/news/2878/a-degree-of-concern-why-global-temperatures-matter</a> (scroll down to graphic visualizations)
- Intergovernmental Panel on Climate Change 6<sup>th</sup> Assessment Report: "Impacts, Adaptation, and Vulnerability." <a href="https://www.ipcc.ch/report/ar6/wg2/">https://www.ipcc.ch/report/ar6/wg2/</a>
- "Talking to your child about climate change" https://www.unicef.org/parenting/talking-your-child-about-climate-change

# What You Can Do Now About Climate Change

#### WATER

- Use water efficiently at home at no-to-low cost. Turn off running faucets, run your clothes
  washer with a full load using cold water, and use your <u>ENERGY STAR certified dishwasher</u>
  instead of washing dishes by hand to save both energy and water.
- Look for the <u>WaterSense</u> label and the <u>ENERGY STAR label</u> on dishwashers and clothes
  washers when purchasing new products to save water, energy, and money.
- Check for water leaks in your home and workplace. Did you know a leaky toilet can waste 200 gallons of water per day? Luckily, leaks from toilets, faucets, and pipes are often easy to detect and fix.
- Have a water-smart landscape by designing a landscape suitable to your climate, choosing
  drought-resistant plants, and learning when and how much to water. See EPA's Water-Smart
  Landscape guide for more tips.
- Consider installing low-flow showerheads. Not only do they save energy and money, but
  you can take them with you when you move.
- Take shorter showers. Cutting your shower time by even a minute can help save gallons of
  water.



#### WASTE

- Think green before you shop. Reduce associated greenhouse gas emissions by thinking
  about the environmental impact of products. For example, consider a product's durability,
  sustainability, and ease of recycling when making a purchase.
- Reduce your food waste by shopping smart, buying only what you need, composting food scraps, and donating unused food to food banks or shelters. Food is the single largest category of material placed in municipal landfills, where it emits methane, a powerful greenhouse gas.
- Reuse or repurpose items such as old clothing, cloth grocery bags, and containers to cut
  down on the amount of waste you create in the first place. Find out more ways to reduce your
  impact.
- Buy used items to reduce waste as well as the emissions created by producing new
  materials or disposing of them in landfills. <u>Donate</u> your old items to make sure others can
  reuse them, too!
- Buy products made with recycled content. Check labels to see if a product or its packaging
  is made from recycled content.
- Know before you throw. Know what items your local recycling program collects and
  encourage your household to recycle right and recycle more.
- Learn about what else you can do at home, at school, at work, and in your community.

### https://www.epa.gov/climate-change/what-you-can-do-about-climate-change

## More action step resources for individuals, families, and parishes:



https://www.episcopalchurch.org/ministries/creation-care/
https://www.episcopalchurch.org/ministries/creation-care/resources/
https://www.episcopalchurch.org/wp-content/uploads/sites/2/2021/02/CC-creation\_care\_covenant\_action.p

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### **Sustaining Earth, Our Island Home**

Welcome to the Carbon Tracker:

A web-based learning and climate advocacy platform
sustainislandhome.org

https://www.diocal.org/resource/eco-justice/carbon-tracker/

GREAT HOUSEHOLD RESOURCE!



https://www.un.org/actnow

To have this handout or any links or resources emailed to you, feel free to contact Amy Phillips at kaphillip@gmail.com

#### Start with ten impactful actions

Our lifestyles have a profound impact on our planet. Our choices matter. Around two-thirds of global greenhouse gas emissions are linked to private households. The energy, food, and transport sectors each contribute about 20 per cent of lifestyle emissions. From the electribity we use, to the food we eat, the way we travel, and the things we buy, we can make a difference. Take a look at the action guide and start with these ten actions to help tackle the climate crisis.

For more tips, and to log your actions, download the app.



Save energy at home



Walk, bike, or take public



Eat more vegetables



ore Consider



Thi



Reduce, reuse, repair, recycle



Change your home's source



Switch to an electric vehicle



Make your money count



Speak u